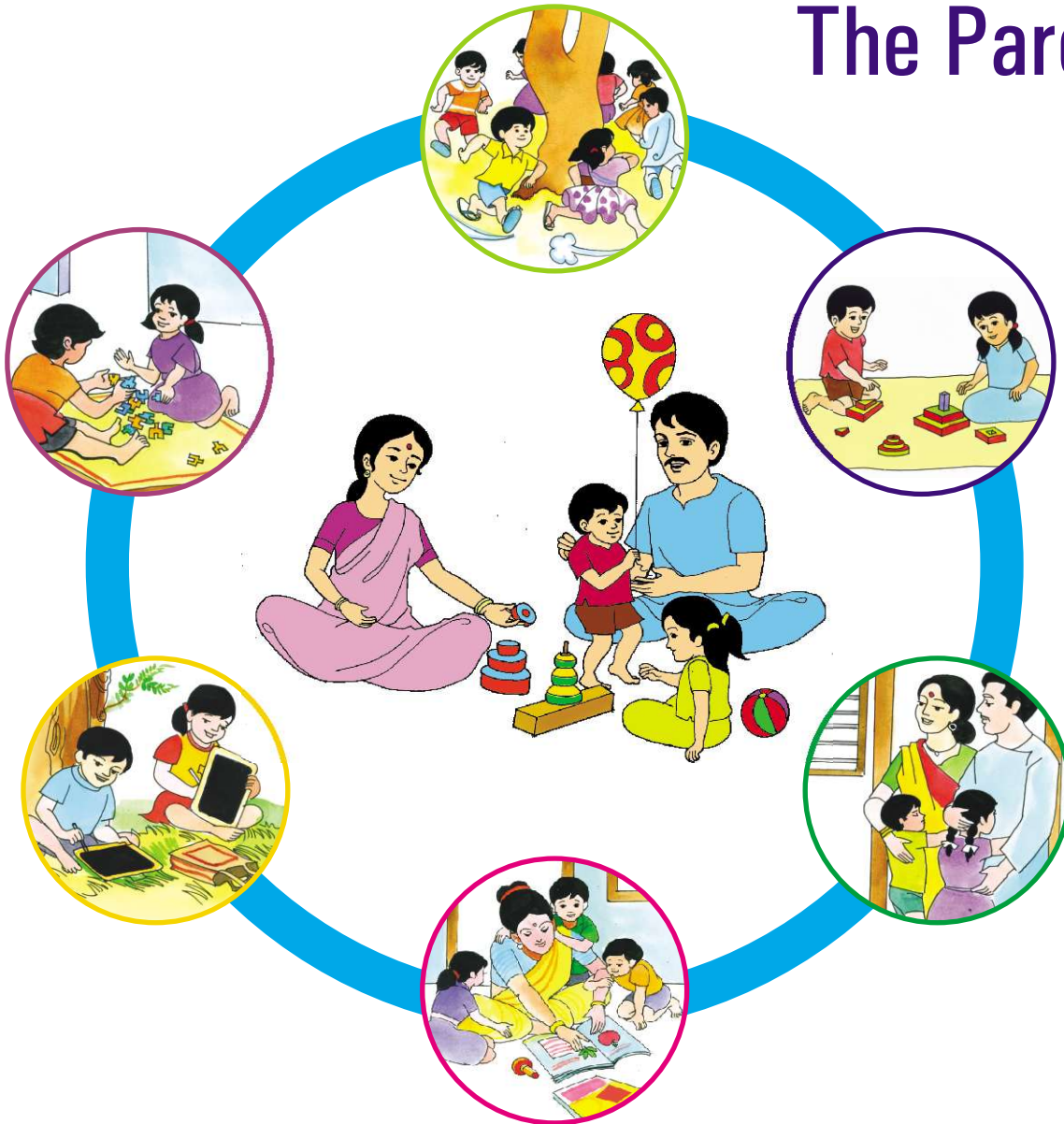


# The Parent Advocacy Booklet





# Preface

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In the lives of young children parents play a very important and crucial role. Even if children go to an anganwadi or a balwadi, majority of their waking hours they spend with their parents. Though parents love their children and care for them; sometimes they do not know what to do with them. To ensure optimal growth and development of children parents need to be equipped with the knowledge of child development and stimulation for children. They should be able to play their role well with confidence.

This booklet is an attempt to orient them about children's development and provide suggestions for activities and experiences that parents can do with their children.

The booklet relies majorly on the illustrations to convey messages to parents.

## The Parent Advocacy Booklet

1

Rights of

**Survival**



2

Rights of

**Protection**



**Rights of The Child**

Rights of

3

## Development



4

Rights of

## Participation



# Rights of The Child



Love your child and show affection



Provide nutritive food to the child



Teach good habits of eating and cleanliness

# Responsibilities of a parent



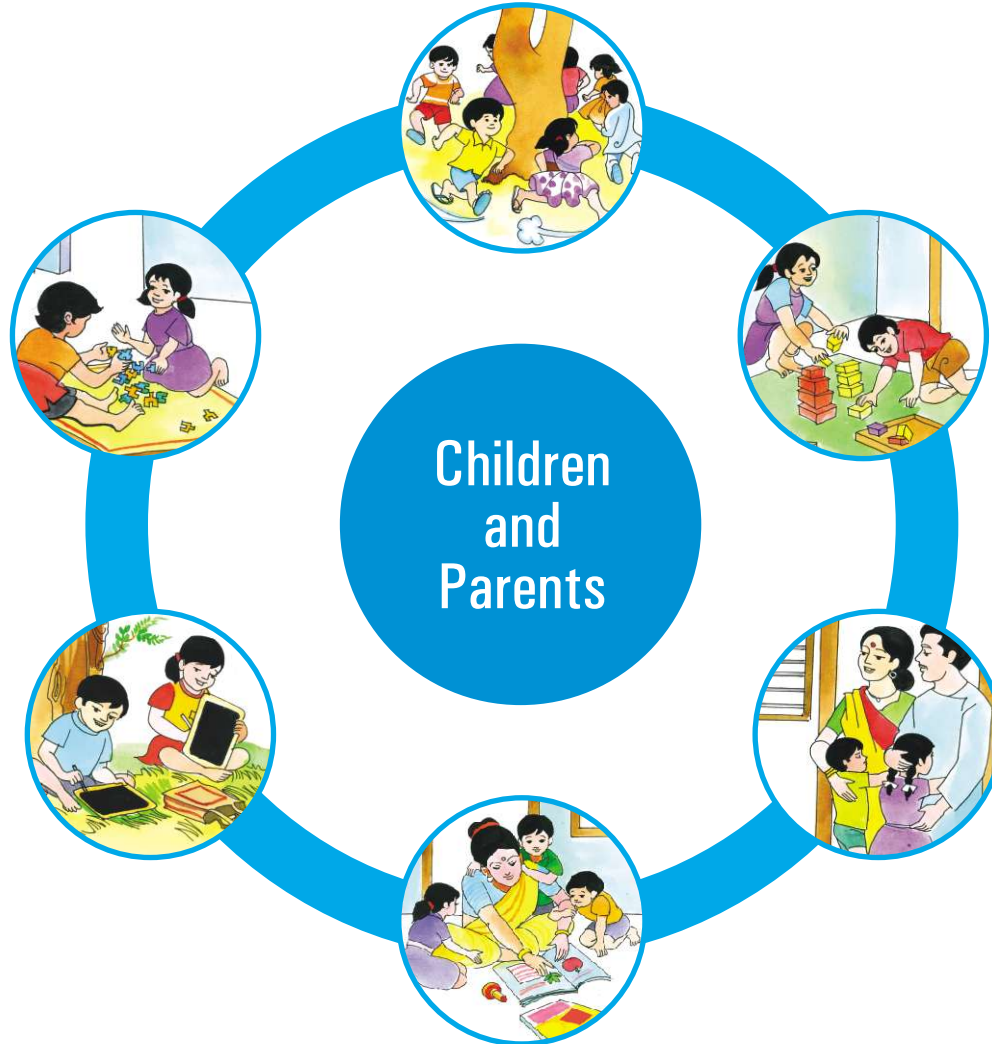
**Provide hygienic surroundings,  
home, clean drinking water**



**Enhance their holistic and optimal  
growth and development**

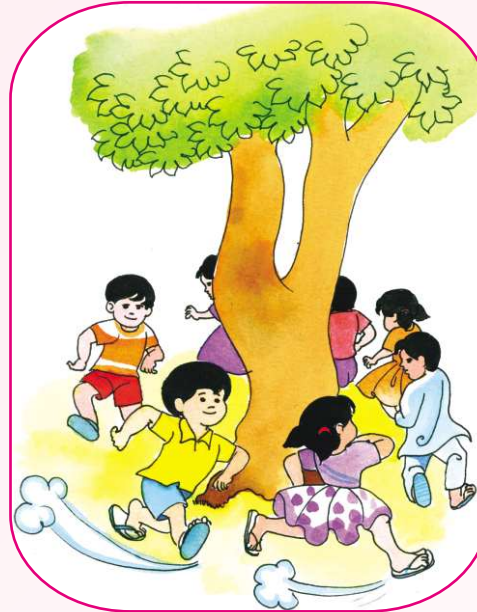
# Responsibilities of a parent

Development of children is in the areas of Physical motor, Cognition, Language, Social, Emotional, Creative, Approaches to learning

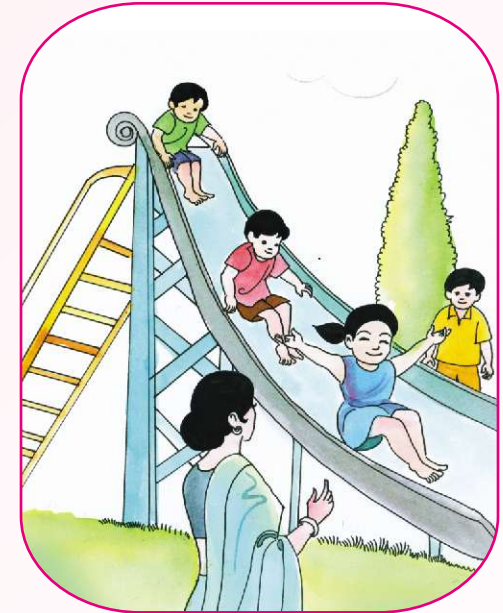




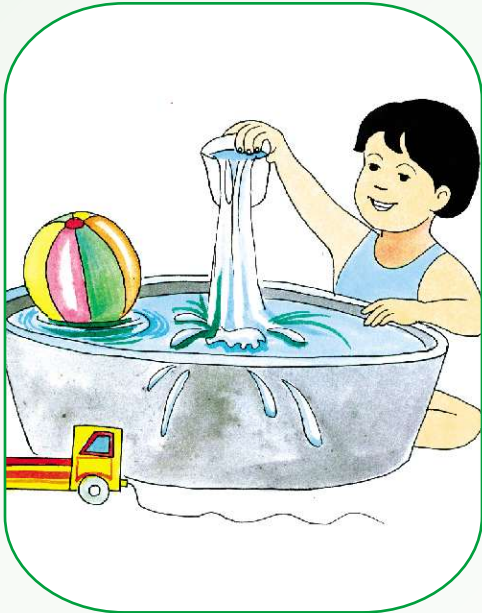
# Development of children and related parental experiences



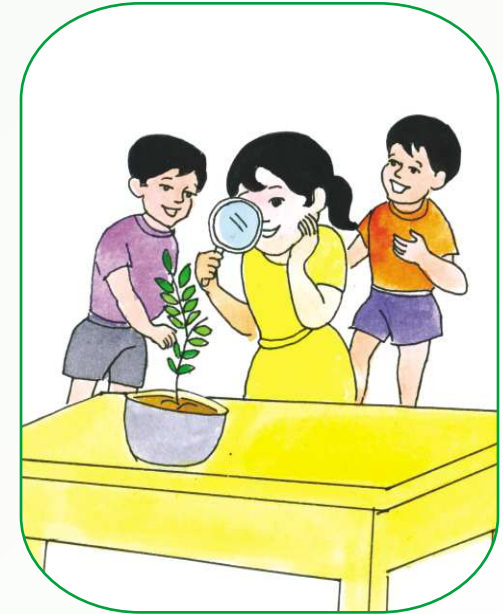
Children need to run, jump, and climb



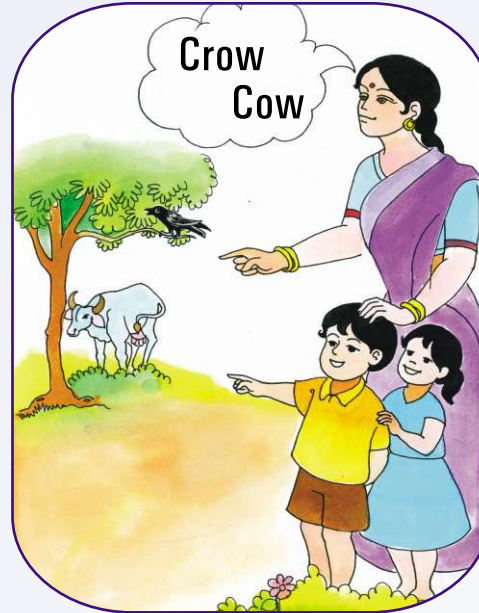
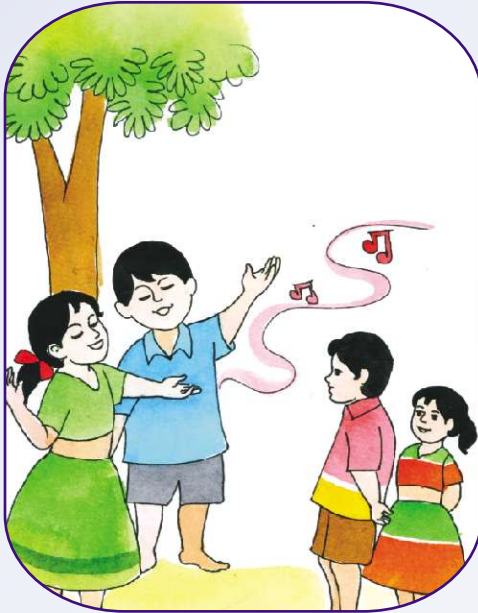
Children need to run, kick, use their gross motor skills  
and play some games



Children need first hand experiences, explanation for processes



Children need first hand experiences, understand cause and effect relationship and think logically



Children need to learn to listen, name objects/events/people, and look at books

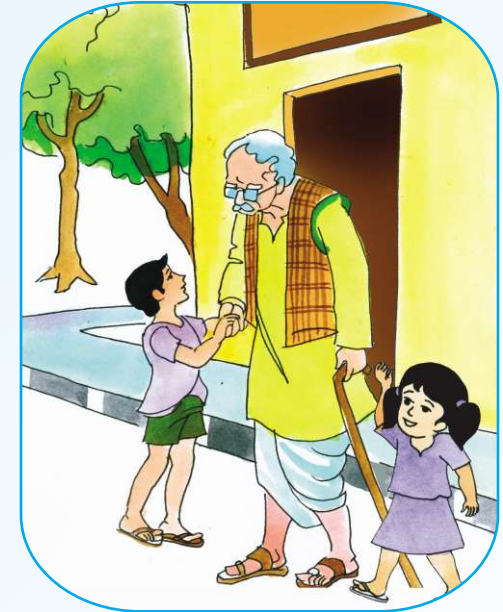
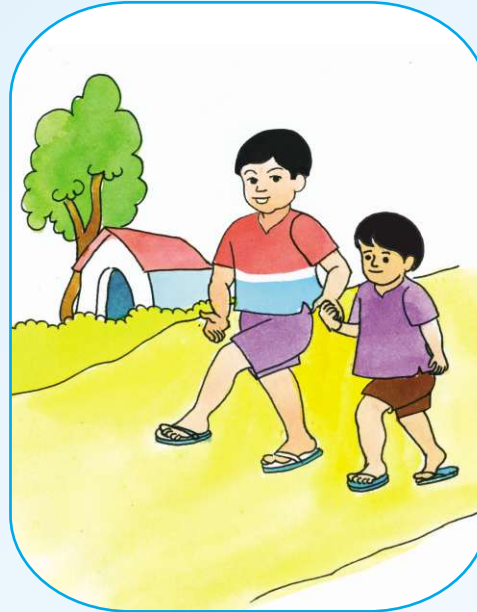


Children need opportunities for interaction,  
discussion and exposure to books

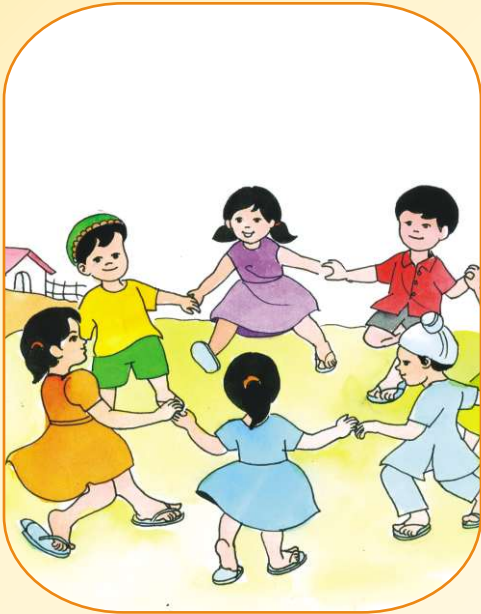


Children should have a positive self concept, understand their emotions and control their aggression





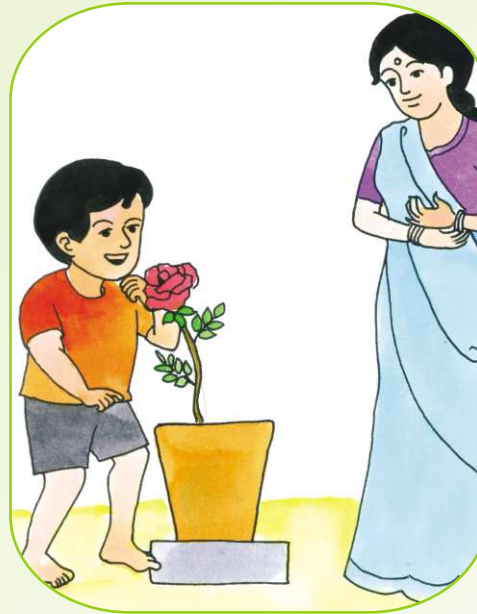
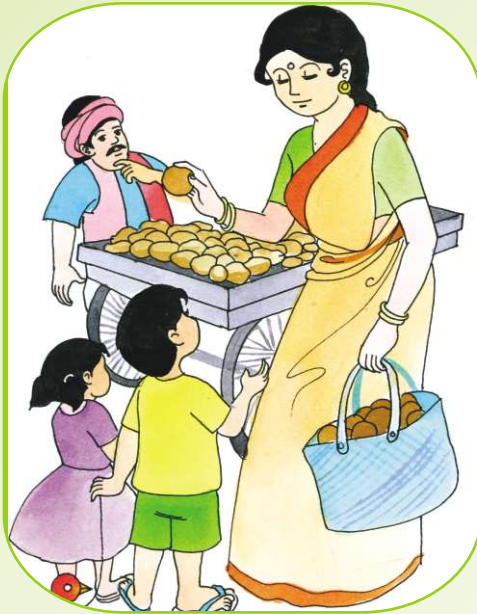
Children should have a positive self concept,  
and learn to sympathize with others



**Children should develop relationships with children and adults, accept diversity**



**Children should develop relationships with adults and children, understand different relationships, share and help others'**



Children like to explore, are curious, take initiative,  
and are imaginative and inventive



Children like to explore, are curious, take initiative, are imaginative, inventive and like to experiment with writing instruments





## The Parent Advocacy Booklet

- Early years from 3 to 6 are very important for children's growth and development
- Parents play an important role in ensuring optimal development of children
- Children need stimulating experiences for their holistic development in domains of physical motor, social, emotional, language and cognition
- They also need experiences to promote creativity and avenues to strengthen their approaches of learning

This well illustrated booklet aims to create understanding in parents about their children's development and provide suggestions for stimulation.