



ACTIVITY BOOK FOR CHILDREN (3-4 YEARS)



Ministry of Women and Child Development
Government of India
New Delhi

SEPTEMBER, 2017



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What is this activity books all about?

This is a prototype of an activity book which can be used as a guide while developing state specific activity books for 3-4 year old children. This prototype includes worksheets which support the development of fine motor, creative and cognitive skills for young children. This activity book covers the progression of concepts and skills that are age and developmentally appropriate.

Adaptation guidelines

- 1) States should align this activity book with the state ECE curriculum.
- 2) Activities should be planned to reinforce spiral and graded learning while entering to all domains and skills.
- 3) Contextually relevant pictures, letters and words may be added during adaptation.
- 4) Incorporating them as in every activity sheet is not necessary.
- 5) The Anganwadi Worker should be given orientation during training on the content of the activity book and how it can be used in the classroom to foster children's learning, and development needs, not as a substitute for but as a supplement to other interactive group and individual activities.
- 6) Use assessment cards should be linked with the activity book so that Anganwadi Worker can observe some related indicators and use the child's output for assessment, in addition to other forms of assessment.

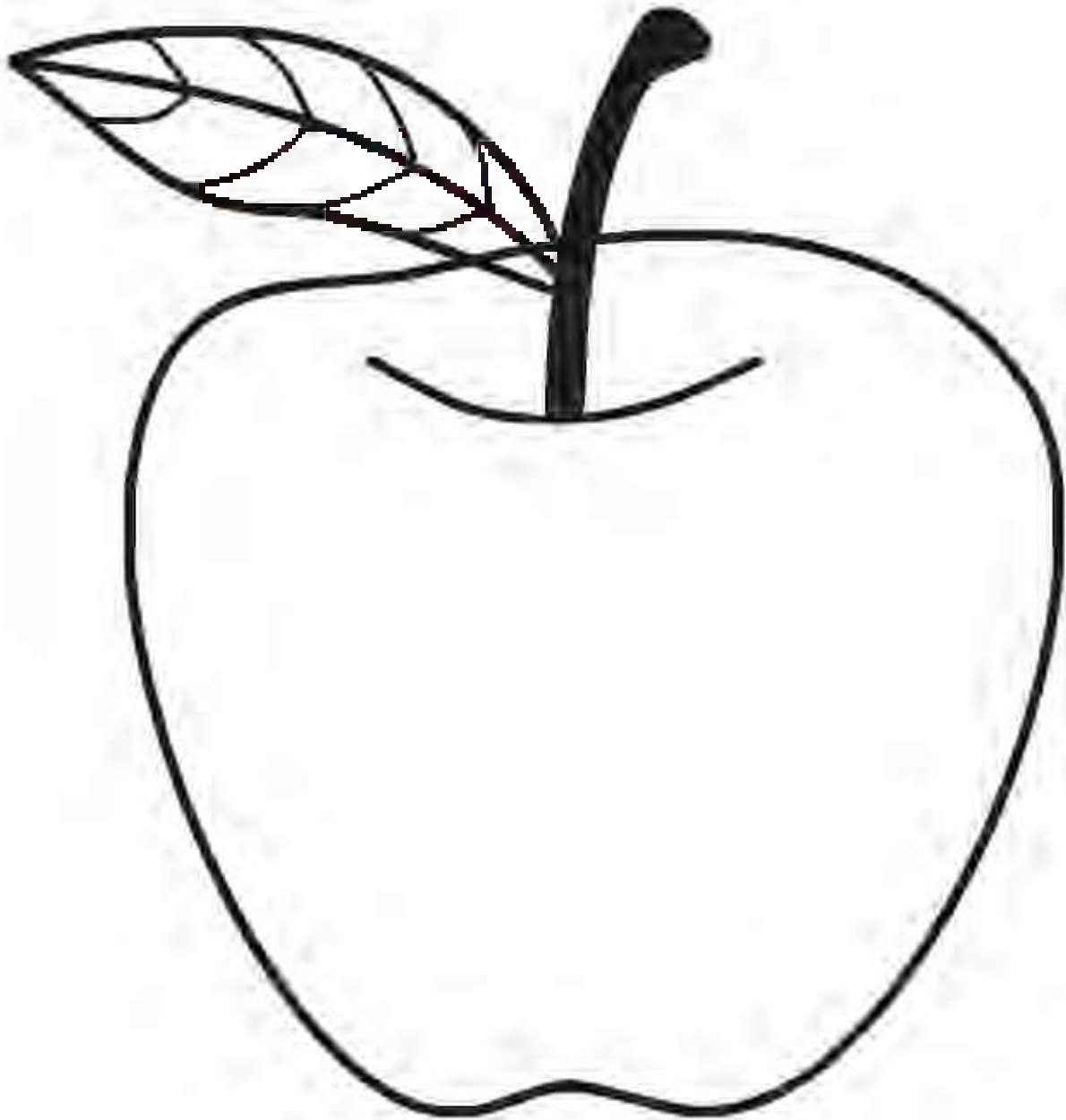
Do's and Don'ts in use of activity books (For Anganwadi Worker)

- 1) Please note that activity book should not be seen as a replacement of classroom processes, but only as a means to reinforce concepts. Children learn concepts and vocabulary through a process of first engaging with the environment, with objects, with other persons and with materials through concrete activities and experiences. Then only can they transfer such learning to the next level by engaging with symbolic representation of these objects/experiences through pictures and symbols, for which activity books are helpful.
- 2) Be flexible and conduct a given activity according to the child's needs and pace of learning.
- 3) Please don't force young children to complete the worksheets, quickly or within a stipulated time. Allow them to do their best in their own preferred way, since each child has different interests and abilities.
- 4) It is advised not to use activity books every day. Two worksheets per week are enough to engage your children.
- 5) Talk about the worksheet first and give clear instructions to children.
- 6) Please show the activity books to parents which will help them gain an understanding of an age appropriate program, as well as insights on their child's progress.
- 7) Do not grade children or allocate marks since the child should not feel that they are being tested while working on the activity book.

Designed by:

UNICEF India and GECED, Ambedkar University Delhi

Colouring



Instructions

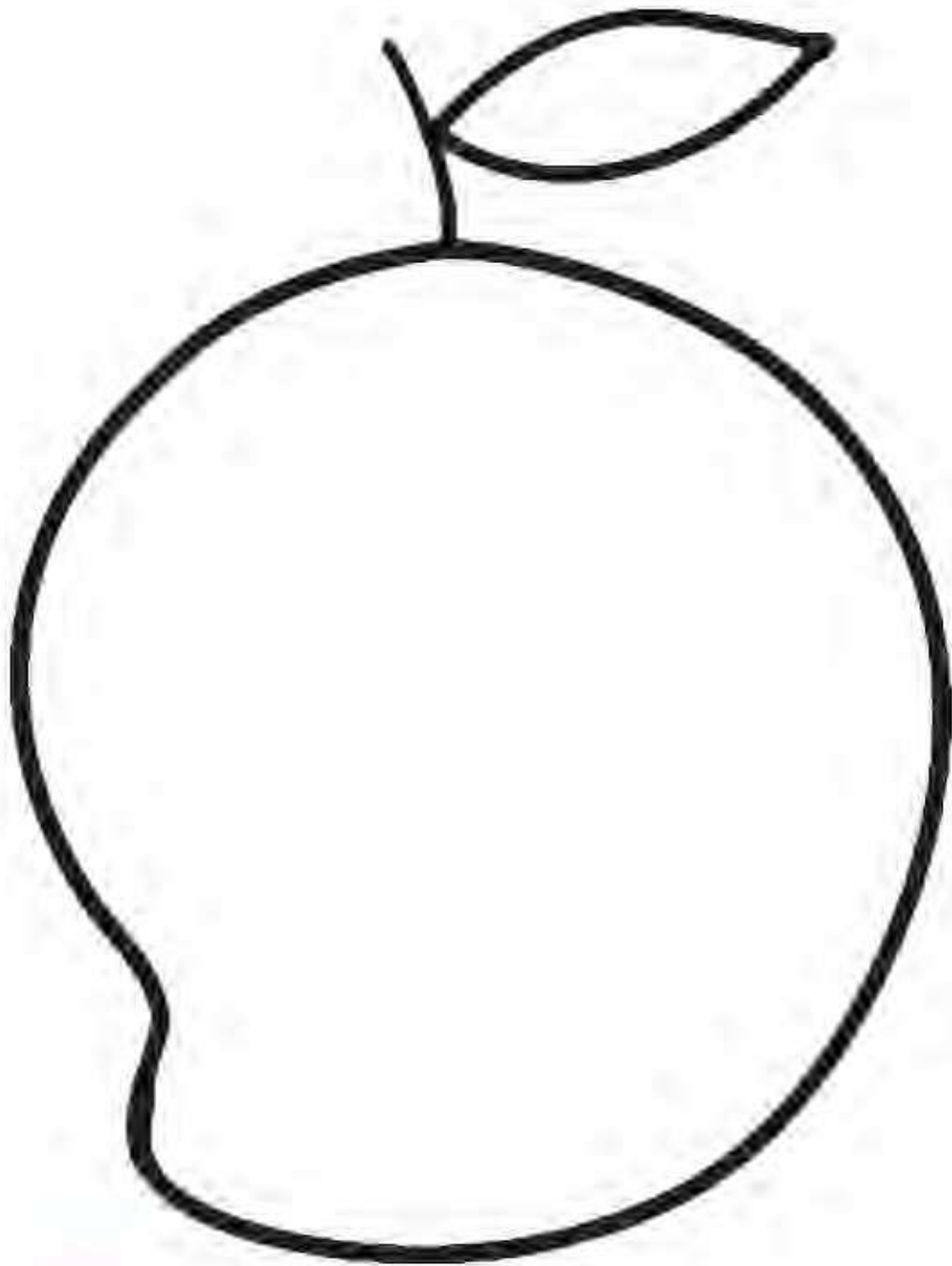
- Introduce and talk to the child about apples.
- Ask the child to colour the picture of the apple.

.....
Parent's Signature

AWW Signature



Colouring



Instruction

- Introduce and talk to the child about mangoes.
- Ask the child to colour the picture of the mango.

.....
Parent's Signature

2

.....
Kid's Signature



Free drawing

Instructions

- Give children a free drawing sheet like this.
- Give the name of the object drawn by the child and talk to her/him about it.

Parent's Signature

3

AWW Signature



Concept of Distance



Instructions

- Introduce and talk about different sets of pictures to the child
- Ask the child to circle the picture in which the crow is closer to the pot
- Ask the child to circle the picture in which butterfly is further away from the corner.

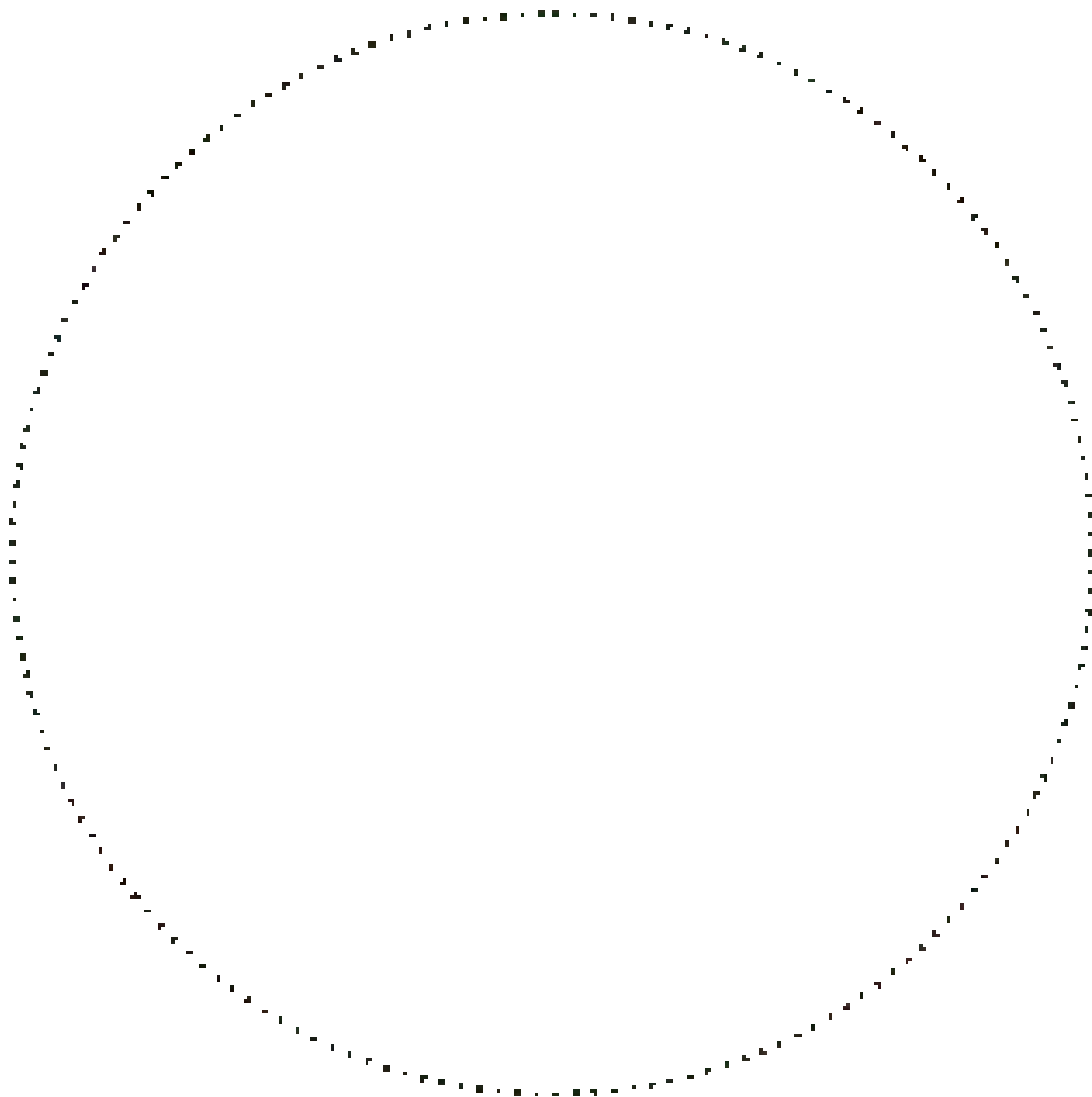
Parent's Signature



WWW Signature



Trace and Colour



In-Instructions

- Introduce the sheet to the child
- Ask the child to discover the picture by joining the dots and colour the picture.

Parents Signature

5

MMV Signature



Concept of Length



Instructions

- + Introduce and talk about both sets of pictures to the child.
- + Ask the child to circle the picture of the short branch.
- + Ask the child to circle the picture of the long leaf.

Parent's Signature

AWW Signature



Date _____

Collage Work



Instructions

- Introduce and talk about consciousness to the child.
- Ask the child to paste pictures in the picture of the said flower.

.....
Parent's Signature

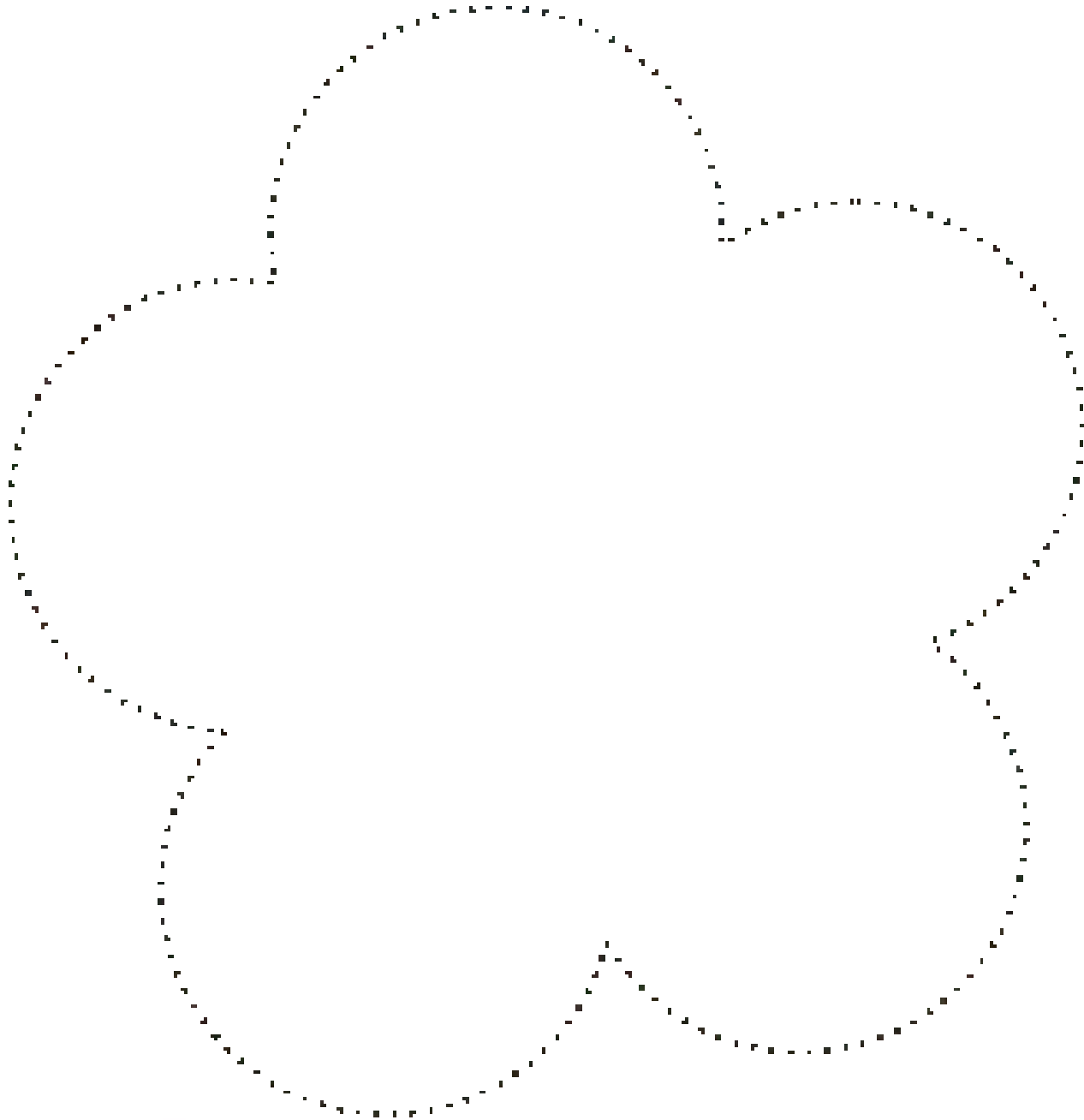
1

.....
AWM Signature



Date: _____

Trace and Colour



Preparation:

- Introduce the sheep to the child.
- Ask the child to colour the picture by joining the dots and colour the picture.

Parent's Signature

8

WWW Signature



Concept of Space



Instructions

- Introduce real life about both sets of pictures to the child.
- Ask the child to circle the picture in which the man is sitting in the car.
- Ask the child to circle the picture in which the fruits are outside the basket.

Parents Signature _____

Child's Signature _____



Free drawing

Instructions

- Ask the child to draw any thing s/he feels like
- Write the name of the object drawn by the child and talk to her/him about it.

.....
Parent's Signature

10

.....
WWW Signature



Concept of Size



Instructions

- Trace and talk about all sets of pictures to the child.
- Ask the child to circle the picture of the big ball.
- Ask the child to circle the picture of the small umbrella.
- Ask the child to circle the picture of the big alarm box.

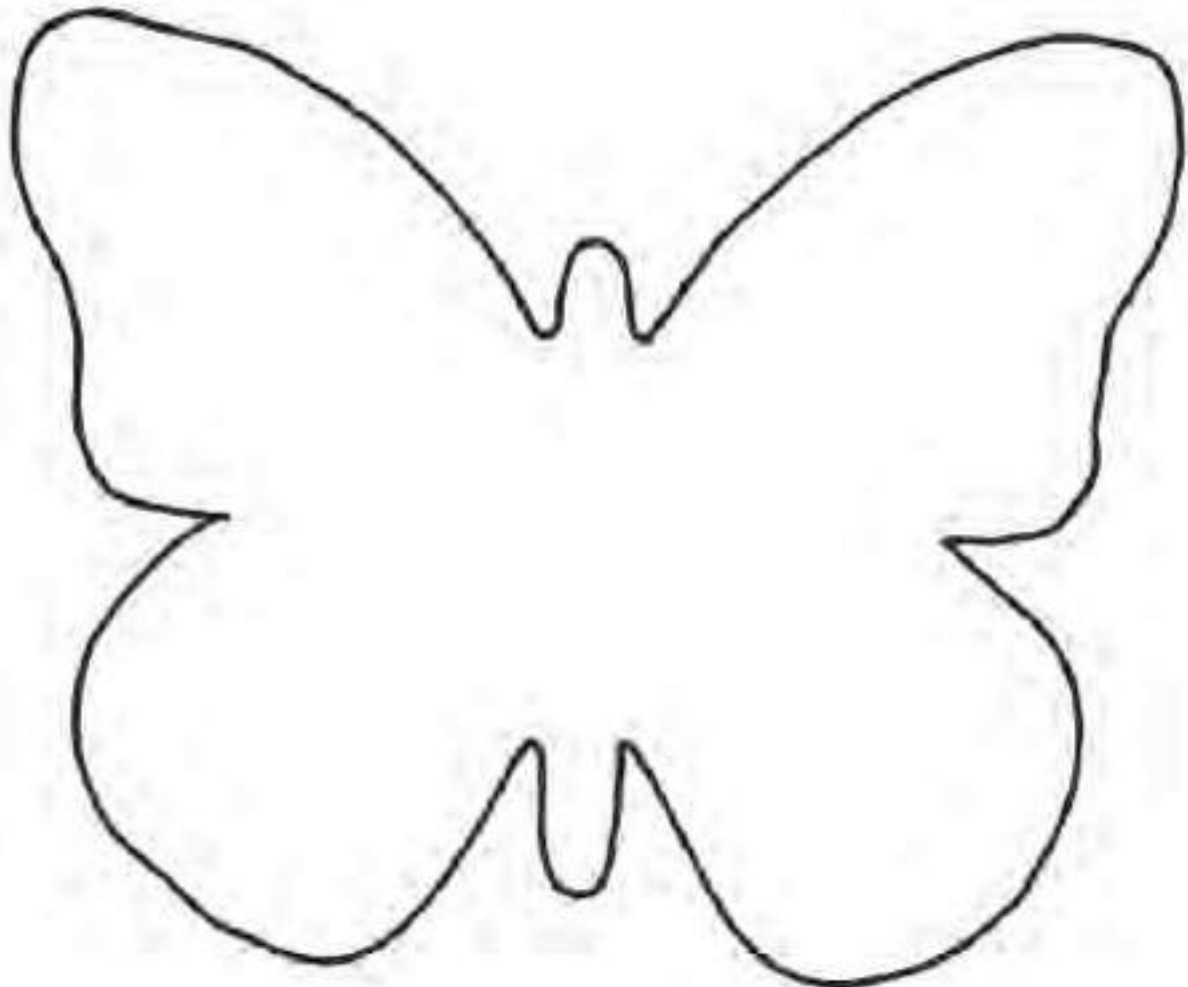
Parents Signature _____

AWW Signature _____



Date

Colouring



Instructions

- Introduce and make your butterfly to the child
- Ask the child to colour the picture of the butterfly

Parent's Signature

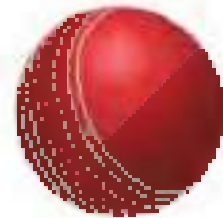
12

Child's Signature



Date

Concept of Colour – Red



Instructions

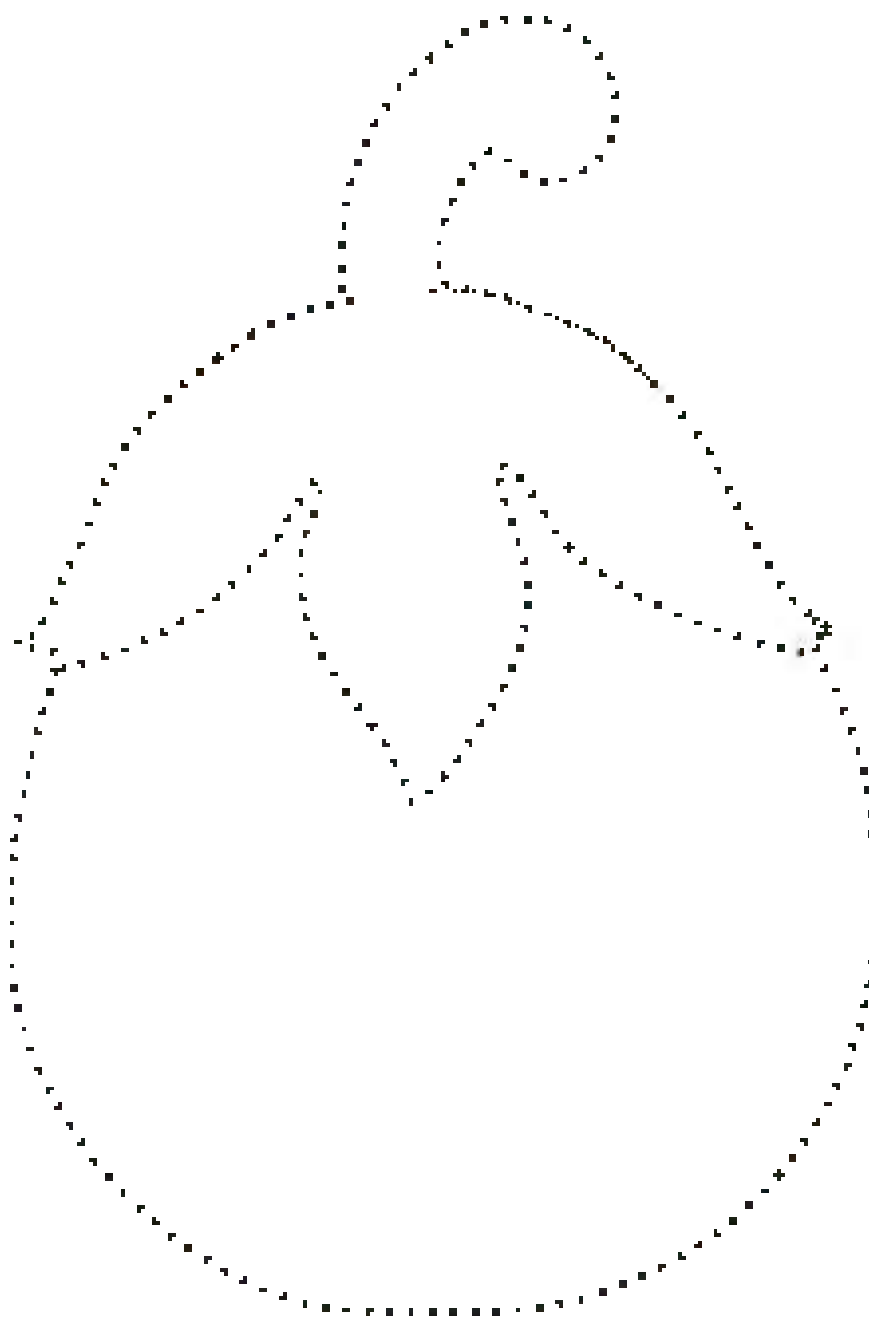
- Introduce the colour red and its different shades to the child through the pictures above.
- Talk about all the pictures above.
- Ask the child to give all of the red colour objects.

Parent's Signature

01947 513040.64



Tracing the Dots



Instructions

- Introduce the sheet to the child.
- Ask the child to discover the picture by joining the dots and colour the picture.

Parent's Signature

AWW Signature



Sense of Taste



- Read these and talk about the taste of different food items.
- Ask the child to circle the food items which are sweet.

Parent's Signature

Child's Signature



Free drawing

Instructions

- Ask the child to draw anything who feels like
- Write the name of the object drawn by the child and talk to them about it.

Parent's Signature

15

AWW Signature



Similar Object Matching



Instructions

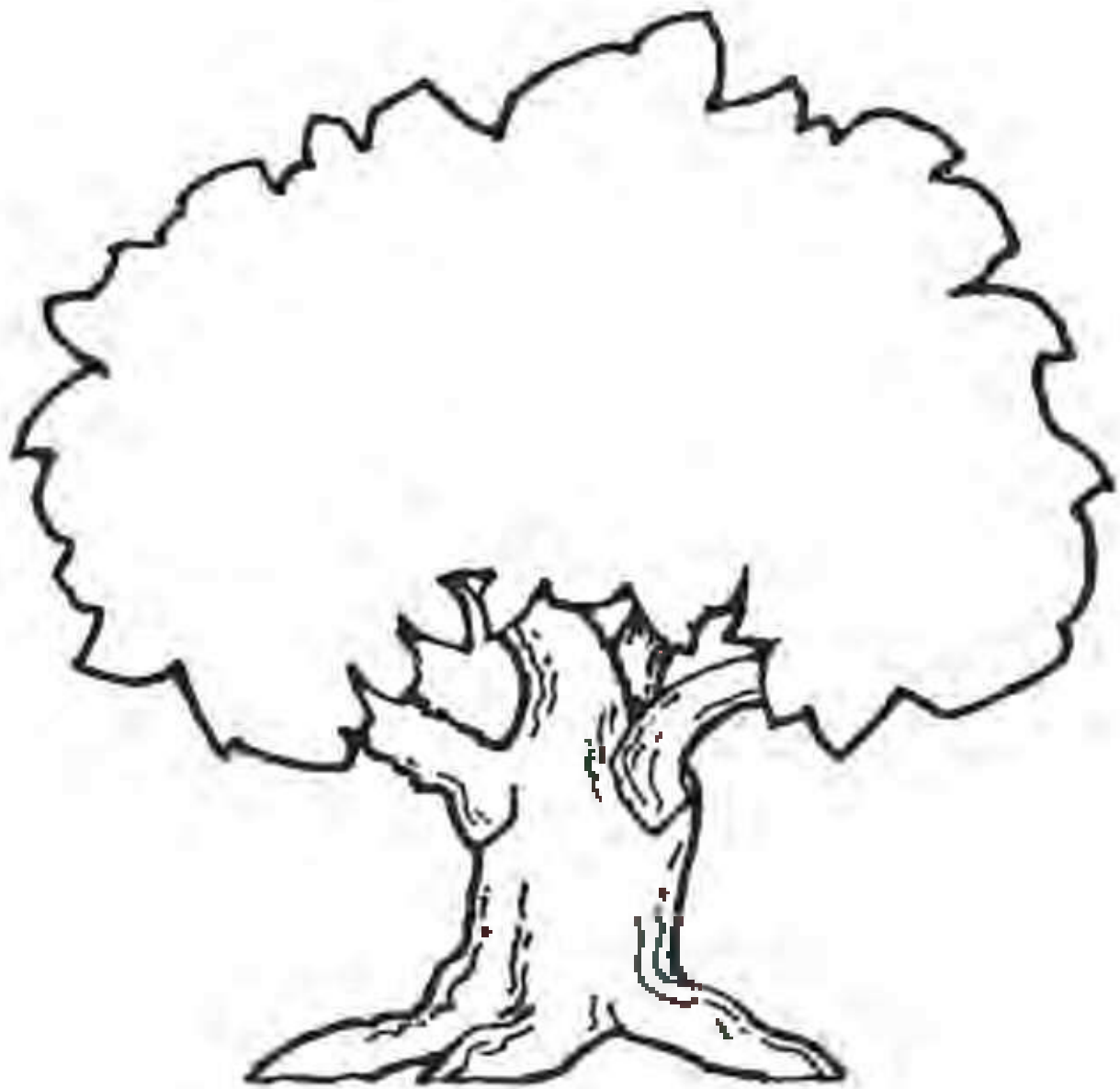
- Introduce all the pictures to your child.
- Ask the child to match similar looking objects.

Parents Signature _____

WWW.BRIGHTLIDS.COM



Collage Work



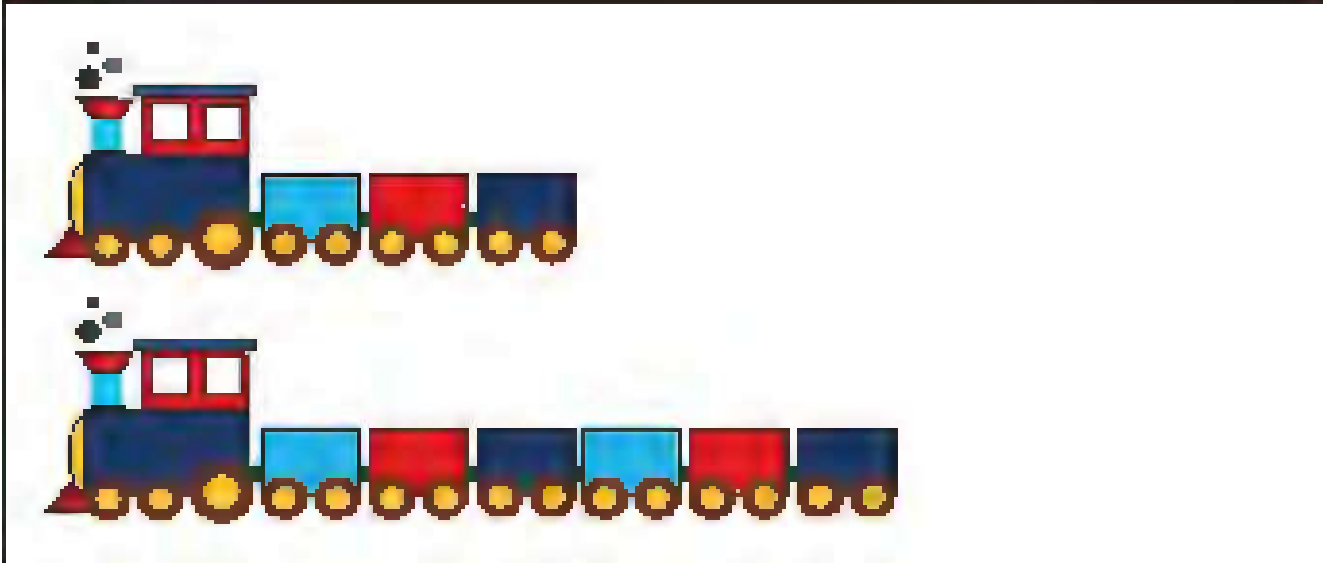
- Introduce and talk about trees to the child
- Ask the child to tear and paste paper in the picture of the tree.

.....
Parent's Signature:

.....
Aww Signature



Concept of Length



Instructions

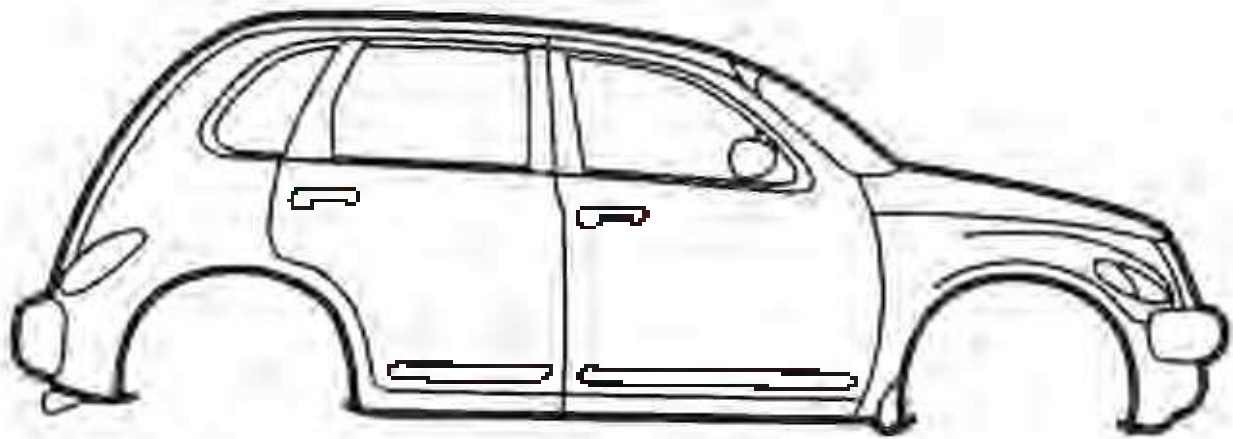
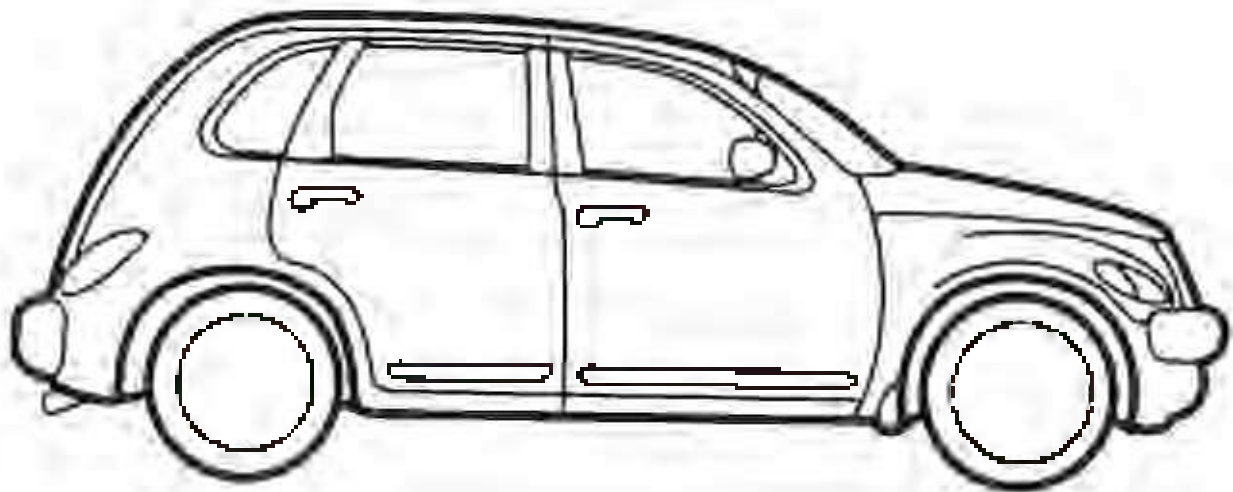
- To reduce use talk about both ends of journey to the child.
- Ask the child how wide is the long train
- Ask the child to circle the short pencil

Parent's Signature

AWW Signature



Complete the Picture



Instructions

- Introduce and talk about the picture of the car to the child.
- Ask the child to give the differences in the two pictures and complete the incomplete picture.

Parent's Signature: _____

AWW Signature _____



Concept of Thick and Thin



Instructions

- Introduce and talk about all sets of pictures to the child
- Ask the child to circle the thick object.
- Ask the child to circle the thin one.
- Ask the child to circle the thick one again.

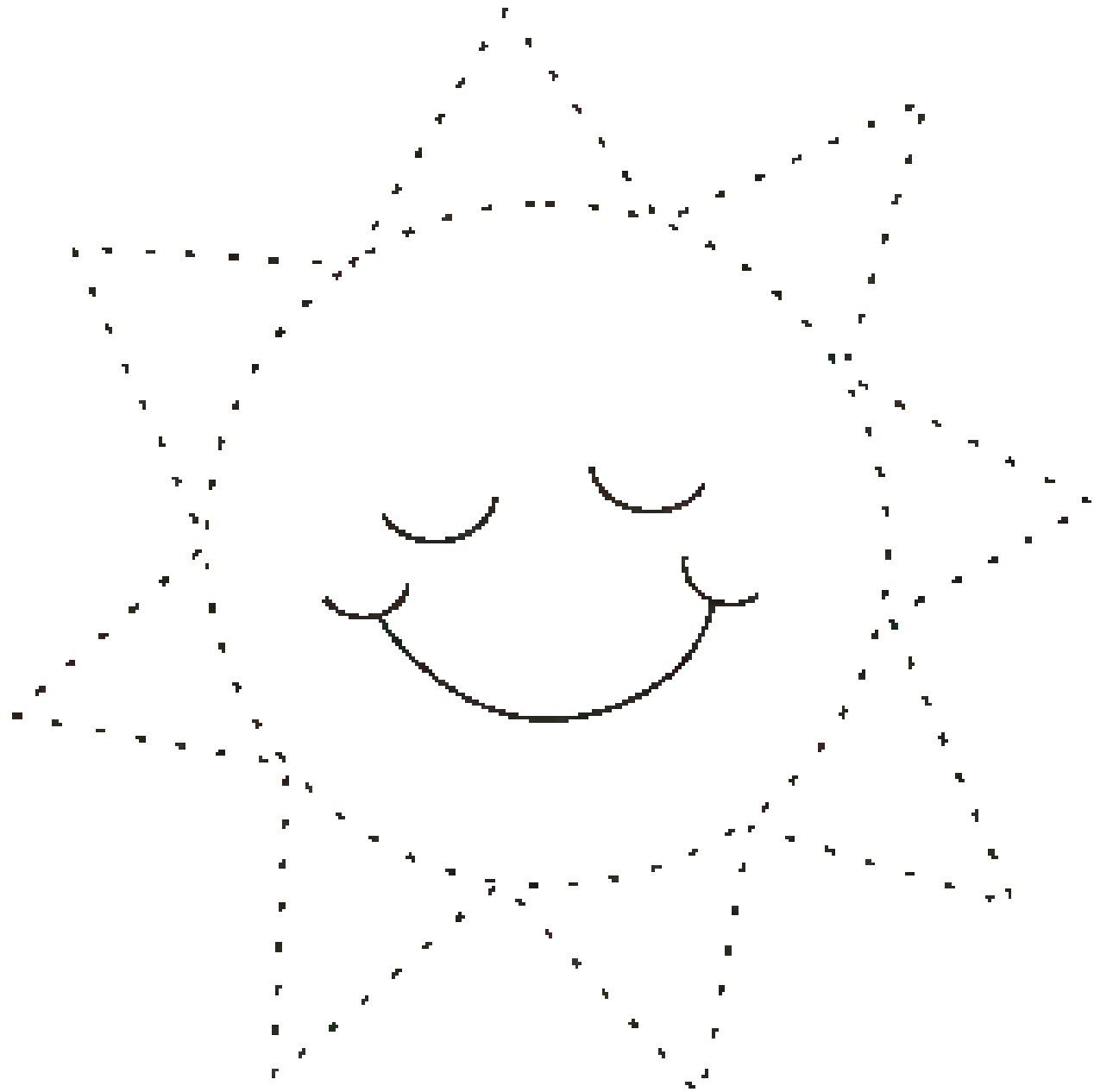
Parent's Signature _____

AWW Signature _____



Date _____

Trace and Colour



Instructions

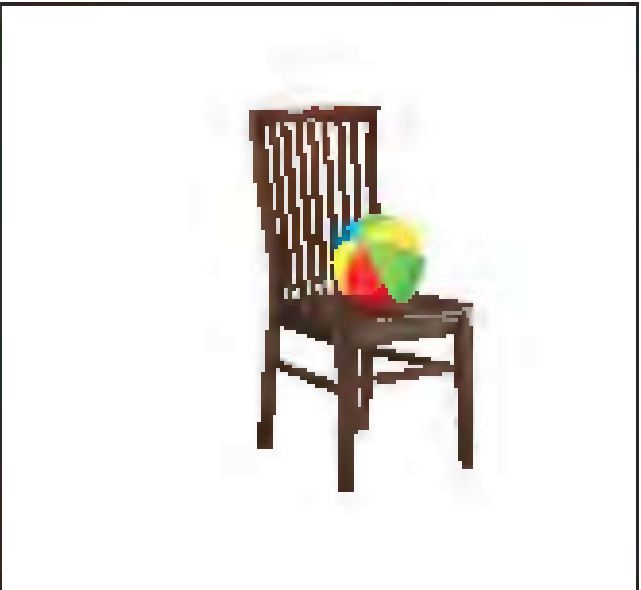
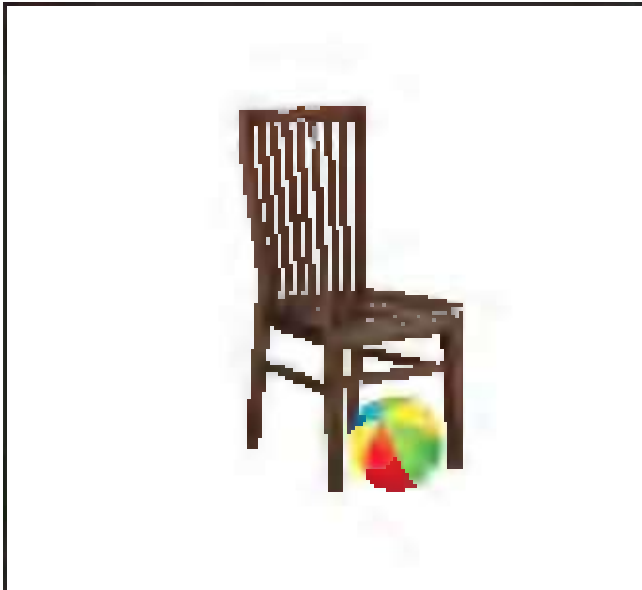
- Introduce the sheet to the child.
- Ask the child to describe the picture by joining the ends and colour the picture.

Parent's Signature: _____

AWW Signature: _____



Concept of Space



Instructions

- To reduce use talk about all uses of picture to the child
- Ask the child to write in the picture in which the cat is sitting on table
- Ask the child to circle the picture in which the ball is under the chair.

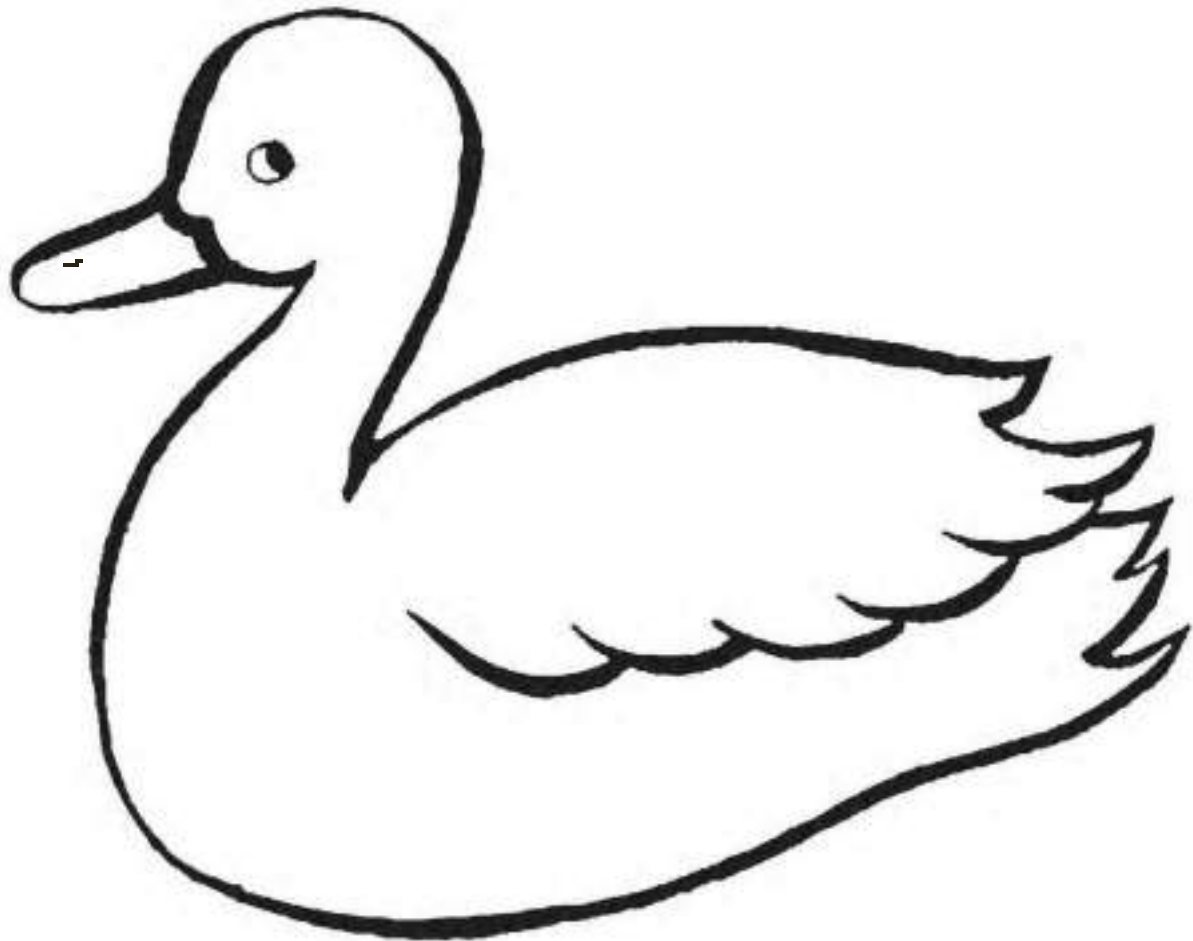
Parent's Signature

AWW Signature



Date

Thumb Printing



Instructions

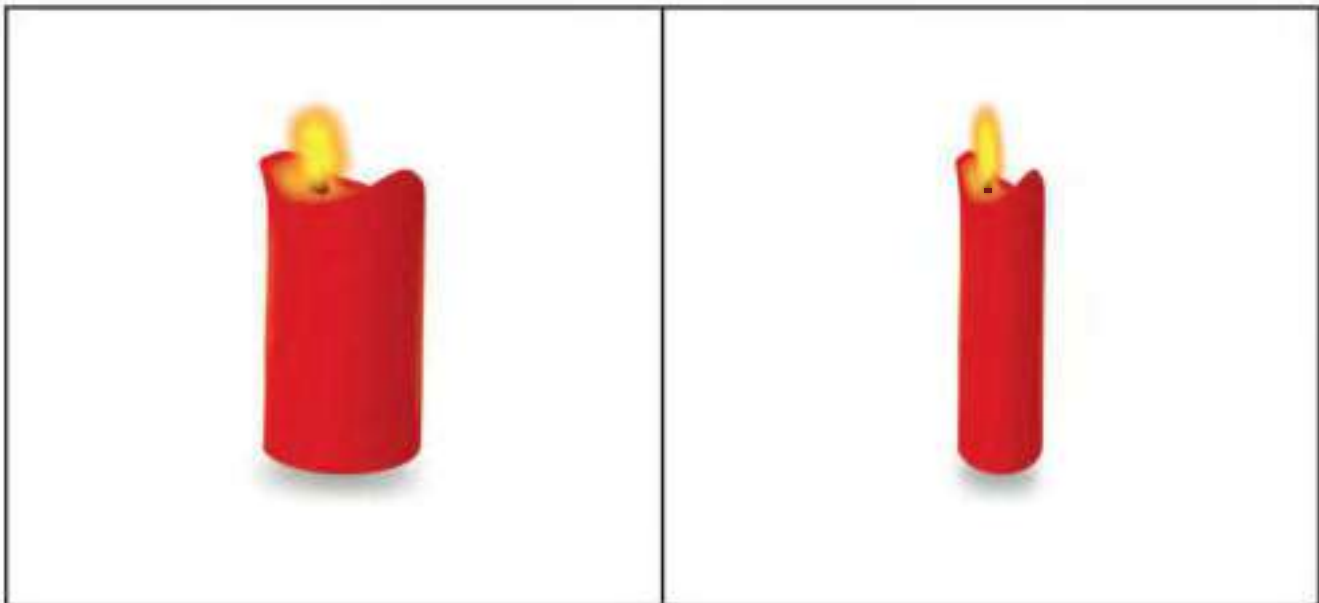
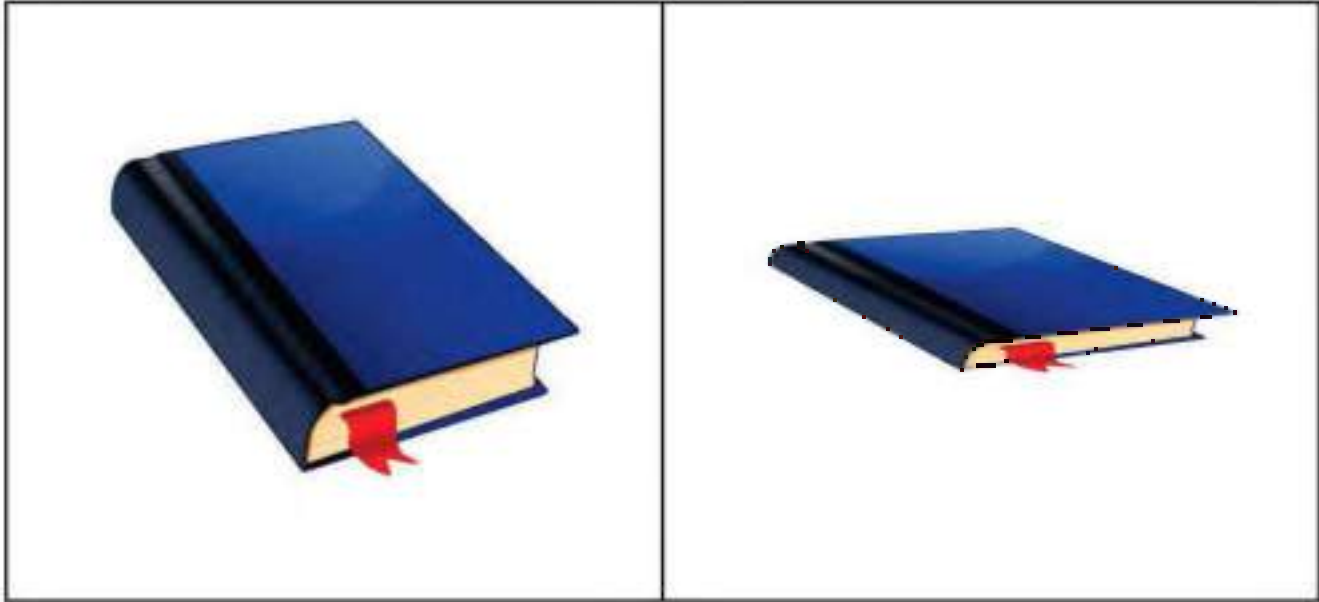
- Instruct your child on the duck's body.
- Ask the child to put her/his thumb impression on the picture of the duck.

Parent's Signature

AWW Signature



Concept of Thick and Thin



Instructions

- Introduce and talk about all sets of pictures to the child.
- Ask the child to circle the thick book.
- Ask the child to circle the thin candle.

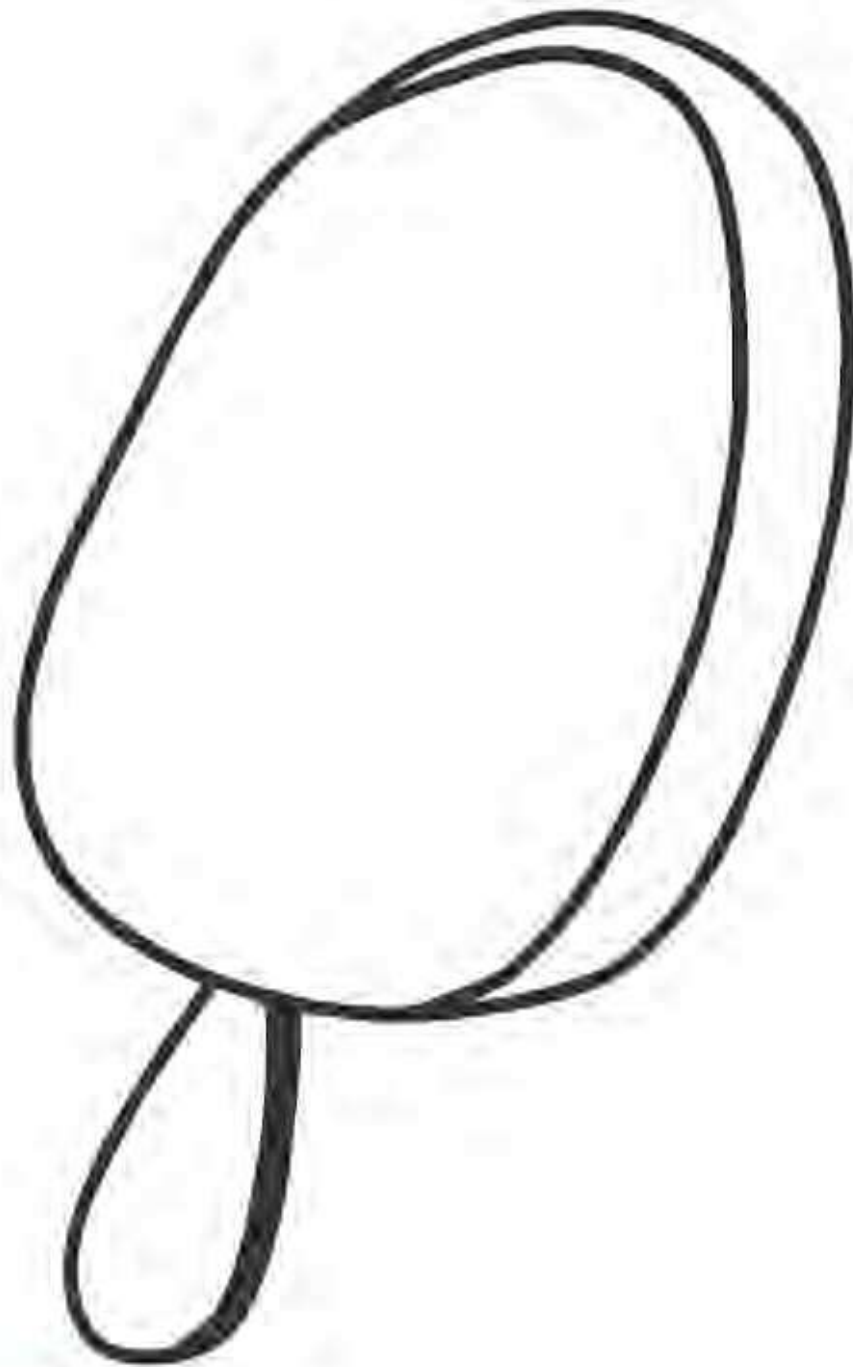
Parent's Signature

AWW Signature



Date _____

Colouring



Instructions

- Introduce and ask to the child about its colour.
- Ask the child to colour the picture.

Parent's Signature:

AWW Signature



Concept of Distance



Instructions

- Introduce each side show all sets of pictures to the child.
- Ask the child to point out the picture in which the rabbit is closer to the carrots.
- Ask the child to circle the picture in which the bird is farther away from the tree.

Parent's Signature

AWW Signature



Free drawing

Instructions

- Ask the child to draw themselves
- Write the names of the body parts drawn by the child and talk to her/him about them.

.....
Parent's Signature:

23

.....
AWW Signature



Concept of Colour – Blue



- Instructions**
- Introduce the colour blue and talk about the coloured objects in the surroundings.
 - Talk about all the pictures given.
 - Ask the child to identify all of the blue coloured objects.

Parent's Signature

AWW Signature



Collage Work

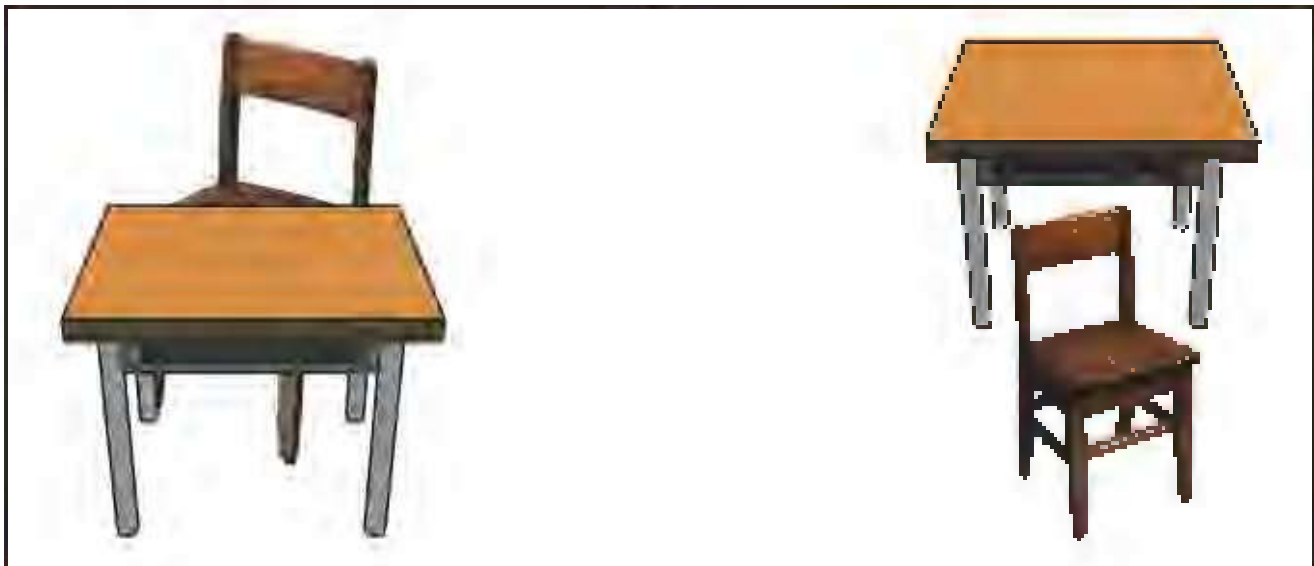
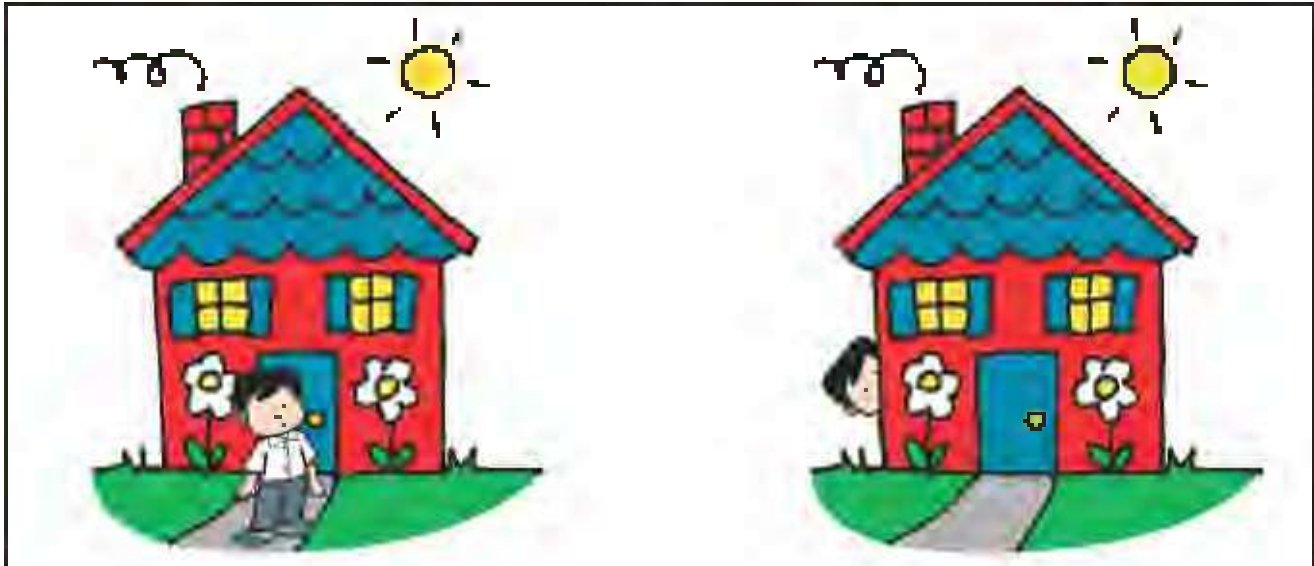


- Introduce and talk about clouds to the child.
- Ask the child to paste colour in the picture of the cloud.

.....
Parent's Signature



Concept of Space



- Instructions**
- In advance and ask about both sets of pictures to the child.
 - Ask the child to circle the picture in which the boy is standing behind the house.
 - Ask the child to circle the picture in which the chair is in front of the table.

Parent's Signature _____

MMW Signature _____



Concept of Colour – Yellow



Instructions

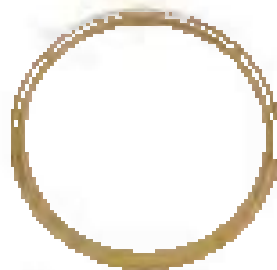
- Introduce the colour yellow and talk about yellow coloured objects in the surroundings.
- Talk about all the pictures above.
- Ask the child to identify all the yellow coloured objects.

Parent's Signature

AWW Signature



Concept of Shape – Circle



Instructions

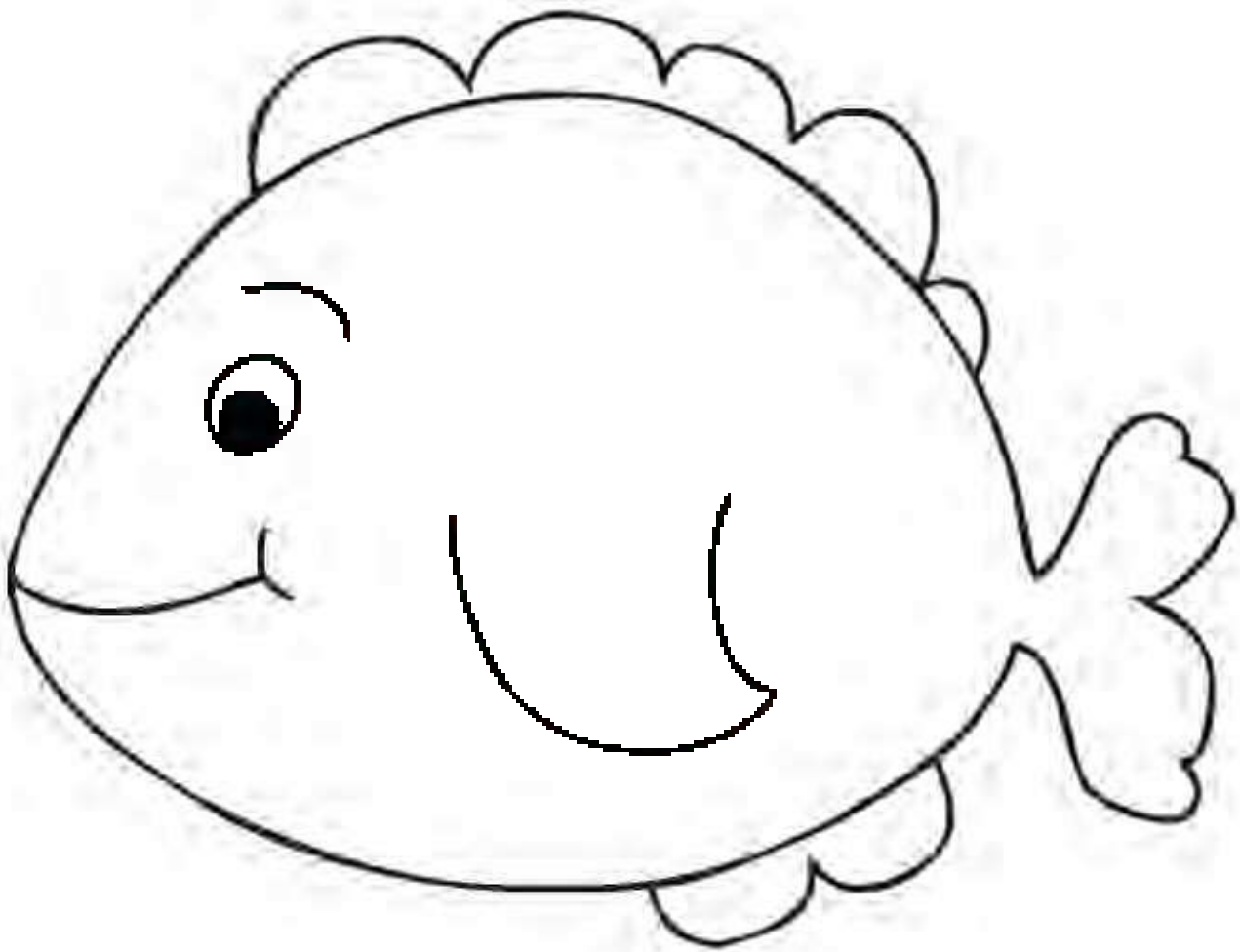
- Introduce the shape of a circle and talk about circular objects in the surroundings.
- Ask the child to list all of the circular objects about.

Parent's Signature

Child's Signature



Thumb Printing



- Instructions:**
- Introduce and talk about fish to the child.
 - Ask the child to put her/his thumb impression in the print of the fish.

Parent's Signature: _____

AWW Signature _____



Functional Association



Instructions

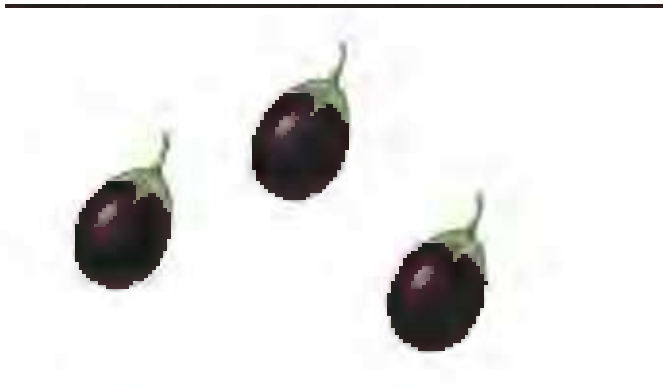
- Introduce and talk about all of the objects above.
- Ask the child to match the related use or object choices.

Parent's Signature: _____

AWW Signature: _____



Concept of Numbers



Instructions

- To reduce use talk about all sets of pictures to the child
- Ask child to circle the picture with more cauliflower.
- Ask the child to circle the picture with less eggplant.
- Ask the child to circle the picture with less onions.

Parent's Signature _____

AWW Signature _____



Free drawing

Instructions

- Ask the child to draw something she feels like
- Write the name of the object below by the child and talk to her/ her about it

Parent's Signature

23

WWW Signature



Concept of Shape – Triangle



Instructions

- To discuss the shape of triangular and talk about triangular objects in the surrounding.
- Assesee should trace all of the triangular objects above.

Parent's Signature _____

AWW Signature _____



Complete the Picture



Instructions

- Introduce and talk about the picture to the child.
- Ask the child to spot the differences in the pictures and complete the incomplete picture.

.....
Parent's Signature

WWW Signature



Concept of Space



Instructions

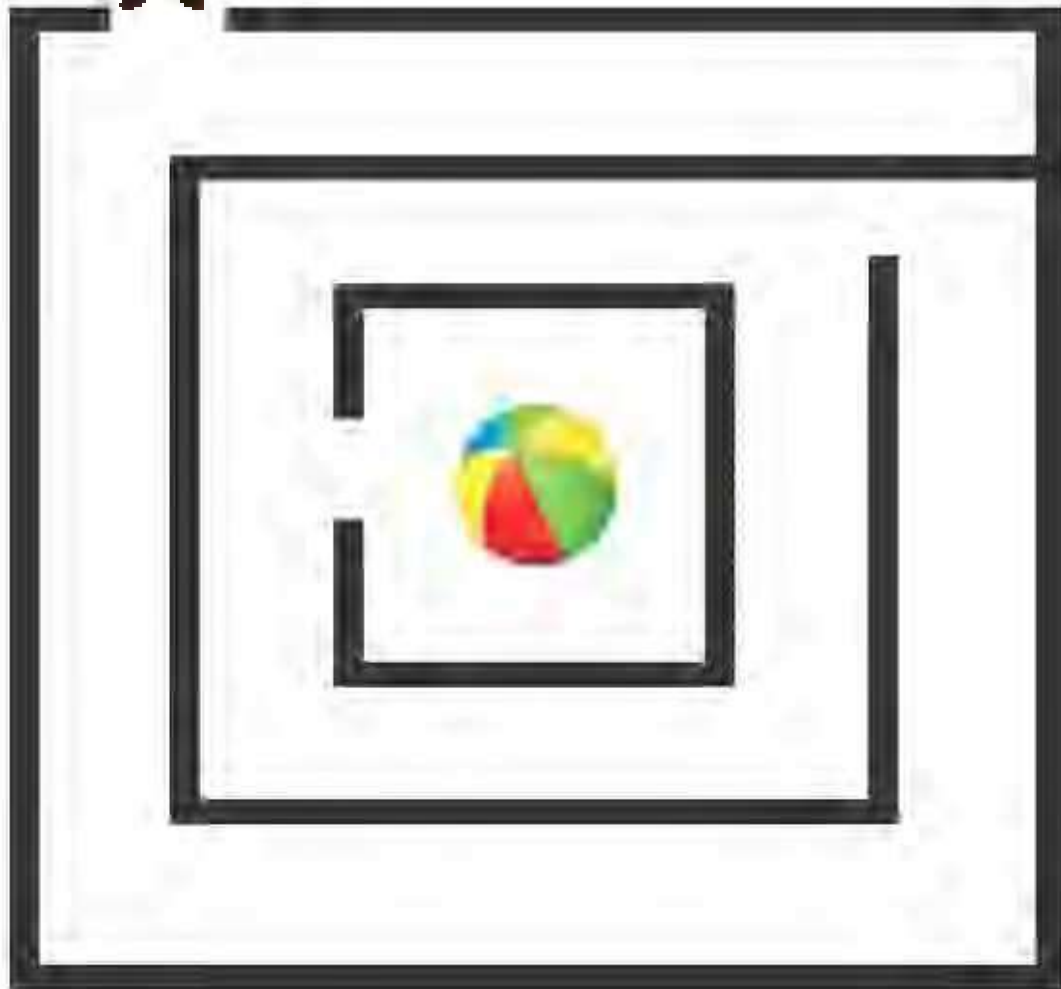
- Introduce and talk about both sets of pictures to the child.
- Ask the child to circle the picture in which the cat is out of the box.
- Ask the child to circle the picture in which the flowers are inside the vase.

Parents Signature _____

JWNY Signature _____



Problem Solving (Maze)



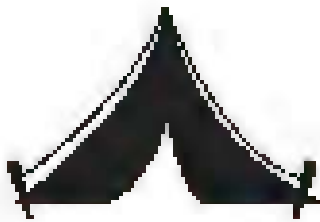
- Introduce the picture of the girl, ball and the maze within the maze
- Ask the child to take the girl to the ball through the path walls not touching the borders.

Parent's Signature: _____

AWW Signature: _____



Concept of Shape – Rectangle



Instructions

- Introduce the shape of a rectangle and talk about rectangular objects in your surroundings.
- Ask for children to give all of the rectangular objects.

Parent's Signature _____

AWW Signature _____



Free drawing

Instructions

- Ask the child to draw any thing who looks like.
- Write the name of the object drawn by the child and talk to teachers about it.

.....
Parent's Signature:

11

.....
AWW Signature



Similar Shape Matching



Instructions

- Look at the pictures and talk about all of the shapes you see.
- Now, you should be ready to match the objects with similar shapes.

Parent's Signature _____

AWW Signature _____



Similar Colour Matching



Instructions

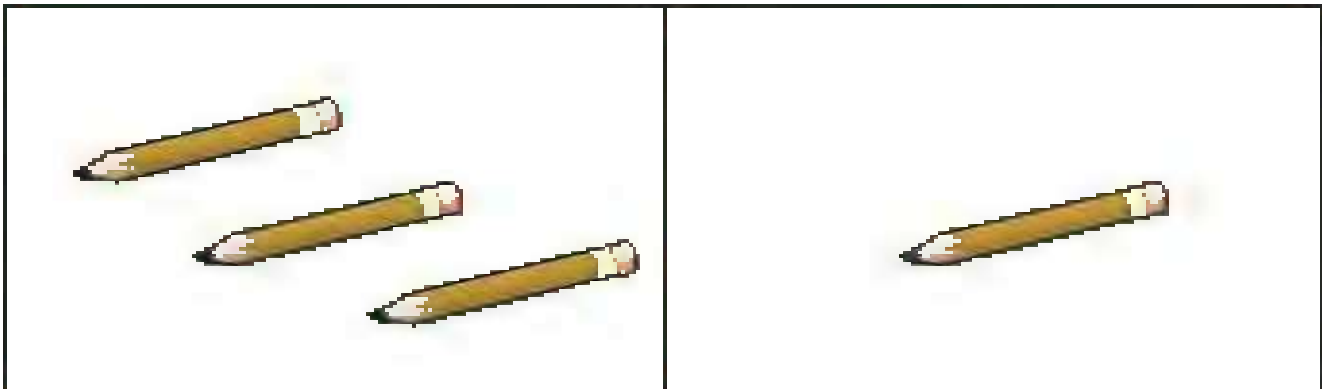
- Introduce and talk about all of the pictures above.
- Ask the child to match objects of the same colour.

Parent's Signature: _____

AWW Signature: _____



Concept of Numbers



Instructions

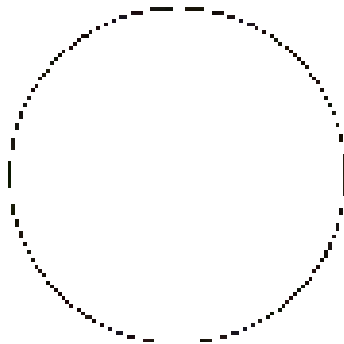
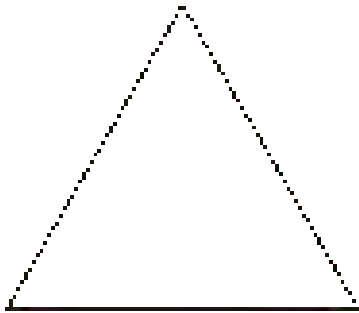
- To reduce use talk about all sets of pictures to the child
- Ask the child to circle the picture with more items
- Ask the child to circle the picture with less items.
- Ask the child to circle the picture with last used

Parent's Signature _____

AWW Signature _____



Shape Object Matching



Instructions

- Introduce and talk to the child about different shapes (circle, square, plus and triangle).
- Ask the child to match shapes with similar looking objects.

Parent's Signature

WWW Signature



**Ministry of Women and Child Development
Government of India**

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