



नए समाज की ओर
Towards a new dawn



PRE-SCHOOL EDUCATION KIT (PSE KIT)

Recommended list of play and learning materials



Ministry of Women and Child Development

Government of India

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CONTENT

Introduction	3
Guidelines Regarding Pre-School Education Kit	4
Recommended List of Play and Learning Materials for Pre-School Education Kit (PSE Kit)	5
Four Activity Corners	8



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INTRODUCTION

In developmentally appropriate Early Childhood Education (ECE) programmes, the presence of play and learning materials have a very important role. Young children learn through play and by interacting with their immediate environment. We can make their environment stimulating by providing a range of developmentally appropriate play and learning materials to encourage inquisitiveness, imagination and promote a sound foundation for learning. Availability and accessibility to variety of materials can support the child's holistic development which include physical and motor skills, cognitive skills, language and communication skills, socio-emotional development and creativity.

Given the importance of play and play materials, ICDS has made a provision of Pre-School Education Kit in Anganwadi centres. In this context, this document has been prepared after reviewing the existing literature on ECE.



GUIDELINES REGARDING PRE-SCHOOL EDUCATION KIT

PLAY AND LEARNING MATERIALS SHOULD BE

- Multi-purpose and multi-domain to foster holistic development — all domains such as sensory, fine and gross motor, cognitive, social, emotional, personal, and creativity need to be fostered.
- Safe for children (Non-toxic material and colours, smooth edges and large enough to prevent swallowing).
- Durable and sturdy.
- Culturally and environmentally appropriate.
- Balanced to equip different activity corners.
- Easy to view. Posters and conversation charts should be placed at eye level for children.
- Adequate in quantity, with a variety of different materials available. There should not be too few, preventing all children from playing, nor too many, preventing children from learning to share, cooperate and wait for their turn.
- Easily accessible to children so that they can use and choose the material during free play and individual activities. They should be encouraged and expected to put away the material as part of their routine.

Note:

Since there may be financial constraints, it may be necessary to prioritise which materials to procure. Materials have therefore been categorised in this booklet by type of activity to assist in ensuring that materials procured cover a different types of activities.

Teachers/Anganwadi workers need to train in appropriate use of materials cost as well as development of low cost materials

RECOMMENDED LIST OF PLAY AND LEARNING MATERIALS FOR PRE-SCHOOL EDUCATION KIT (PSE KIT)

This document is intended to provide guidance in selecting appropriate play and learning materials that support holistic child development and early learning. Play and learning materials for pre-school education can be categorised as follows:

1. Material to be procured from the market
2. Material which can be prepared by Teacher/Anganwadi Worker during training or on their own
3. Locally available low cost or no cost material in the environment



1. Material to be procured from the market

- Building block set (basic shapes that vary in colour, size and thickness)
- Colourful beads and wires
- Modeling materials (e.g., dough, clay, etc.)
- Lacing board
- Balls of varying sizes
- Simple puzzles (e.g., jigsaw puzzle, colour puzzle, body parts puzzle and shape puzzle, etc.)
- Magnifying glass
- Magnets of varying strength
- Dot and number dominoes
- Alphabet and number cards
- Picture cards or flash cards
- Picture books with one or two text lines
- Story books
- Dhapli or small drum
- Picture conversation chart
- Soft toys (e.g., dolls, etc.)
- Kitchen set
- Doctor set
- Plastic fruits and vegetables
- Plastic balance scale
- Measuring cups of various sizes
- Variety of containers (e.g., bowls, buckets, jugs, etc.)
- Variety of tools (e.g., spoons, funnels, measuring cups, spoons/cups, paint brushes, etc.)
- Variety of paper (newsprint, glazed, recycled paper, etc.)
- Crayons, markers, coloured pencils, coloured chalk
- Paste
- Glue
- Tape
- Ropes
- Blunt scissors
- Mats





Puppets

3. Locally available low cost or no cost material in the environment

- Old and clean clothes
- Bottle caps
- Old tyres
- Plastic bottles
- Wooden toys
- Coconut shells
- Used Paper



Plastic bottles

2. Material which can be prepared by Teacher/ Anganwadi Worker during training or on their own

- Soft cloth balls (vary in colour and size)
- Counters (vary in colour and size)
- Pattern completion cards
- Self-corrective puzzles
- Puppets
- Maze

FOUR ACTIVITY CORNERS

1. PRETEND PLAY/IMAGINATIVE PLAY CORNER

This corner helps in promoting imaginative play, language development, dramatization and socialization among children. You can plan this corner with a variety of materials such as soft toys, old clothes, kitchen sets, toy vegetables and fruits.



Picture cards

MATERIALS FOR PRETEND/ IMAGINATIVE PLAY



Kitchen set



Weighing scale

2.ART AND CRAFT CORNER

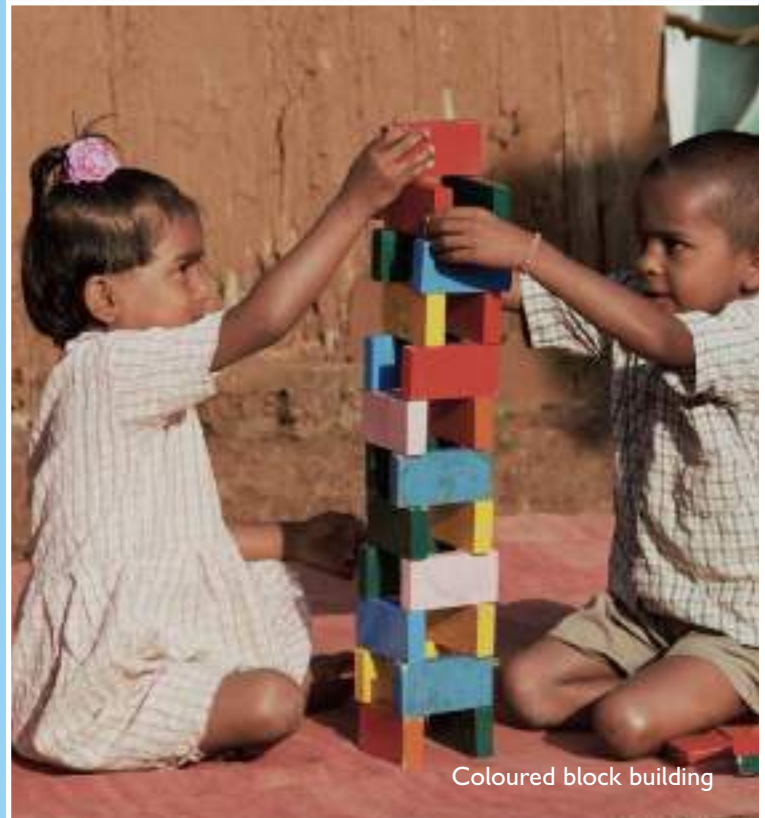
This corner provides variety of opportunities to children for exploration and developing fine motor skills. You can plan this corner with materials such as safe slates, chalk, paper, crayons, paint, clay, sandpit blunt scissors, etc.



Clay



Coloured paper pieces



Coloured block building

3. PICTURE BOOK CORNER

A reading corner with attractively displayed picture books and story books, which helps to develop a bond with books and generate interest in reading.



4. CONSTRUCTION/MANIPULATIVE PLAY CORNER

This corner promotes cognitive skills such as concept of shape, size, color, sequential thinking and pattern making. You can arrange this corner with materials such as beads, puzzles, building blocks, maze, dominoes, picture cards, etc.



MATERIALS FOR CONSTRUCTION AND MANIPULATIVE PLAY

Beads



Building blocks



Puzzles





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